

Bicycle Safety Check

Gears	
	Front & rear gear adjustment; check cables for damage, corrosion
	Check chain wear
Brakes	
	Front and rear brakes function correctly; check cables for damage or corrosion
	Front and rear brake blocks position; not rubbing on tyres; check wear
Wheels	
	Check both wheels for braking surface wear
	Both wheels run straight and true; check for loose spokes
	Tyre pressures; check for wear, cracks, splits, bulges, glass or thorns in both tyres
	Wear or play in both wheel bearings; check they are aligned in frame; secured safely
Bearings	
	Play or wear in headset bearings (steering)
	Play or wear in bottom bracket bearings
	Play or wear in pedal bearings
General	
	Test ride
	Check frame and fork for cracks, dents, alignment
	Loose fixings; damage to mudguards, luggage rack(s) etc.