

Initial Assessment - FREE – <i>estimated prices</i>		Notes		Parts	Labour
	F & R gear indexing; limit screws; check cables for damage, corrosion				
	Chain, chainrings, cassette, jockey wheels for wear/play				
	F & R brakes; check cables for damage, corrosion	F:	R:		
	F & R brake pads position; check wear	F:	R:		
	Check for wheel rim braking surface wear	F:	R:		
	F & R wheels are true; check for loose spokes	F:	R:		
	Tyre pressures; check for wear, cracks, splits, bulges, glass/thorns	F:	R:		
	Wear/play in F & R hubs; aligned in frame; secured safely	F:	R:		
	Loose/broken fixings, damage to mudguards, luggage rack(s) etc.				
	Play/wear in bottom bracket bearings				
	Play/wear in headset				
	Play/wear in pedal bearings	L/H:	R/H:		
	Any other comments				
	Standard service charges	Cleaning £10	B.S.O. £10		£25 / £45
	Check seatpost & stem are not seized	ESTIMATED TOTALS:			

Basic Service - £25 - <i>adjustment only, no parts fitted</i>		Notes		Extra cost
	Check frame and fork for cracks, dents, ripples, alignment			
	Adjust F & R brake blocks; spring tension if required / calliper position if discs			
	Adjust F & R brake cables; check/fit end crimps / check hoses if hydraulic			
	Check/adjust limit screws on F & R mechs / chain tension if singlespeed			
	Adjust F & R gear cables; check/fit end crimps; lube shifters if required			
	Lubricate jockey wheels and check bolts are tight; check cassette is not loose			
	Lubricate chain, F & R mech pivots, freewheel bearings, hub gears if required			
	Check seatpost & stem height; not seized; lubricate with copper grease if required			
	Check brake levers / shifters are easily reached, secure; check grips and end plugs			
	Tension bolts on chainrings, cranks, pedals, brake pivots, mechs, stem, saddle			
	Tighten any fastenings as required (mudguards, racks, reflectors, etc.)			
	Check tyre pressures, inflate as required, check tyres are seated properly			
	Test ride			

Full Service - £45 + parts (tandems: £55 + parts) - <i>as above, plus:</i>				
	Wipe down chainrings, cassette, jockey wheels, F & R mechs; fully degrease chain			
	Replace gear cables inner and/or outer as required			
	Replace brake cables inner and/or outer as required			
	Replace brake blocks as required			
	Clean and lube brake pivots as required			
	Basic wheel retrue if required (full retrue or wheel repair is extra, see below)			
	Replace inner tubes/tyres as required, check tyres are seated properly			
	Check / adjust headset (full rebuild is extra, see below)			
	Check / adjust bottom bracket bearings (full rebuild is extra, see below)			
	Check / adjust F & R wheel bearings (full rebuild is extra, see below)			

Replace chain and cassette	£10 + parts	Rebuild or replace wheel bearings and/or cones (per wheel)	£20 + parts
Replace chainset or chainring(s)	£10 + parts	Replace wheel bearing cups or cartridge bearings (per side)	£5 + parts
Rebuild or replace bottom bracket	£20 + parts	Rebuild or replace pedal bearings (left + right)	£20 + parts
Rebuild or replace headset	£20 + parts	Fit full mudguards, rack, or fixed-type basket (price each)	£10 + parts
Wheel repair or full retrue (each)	£10 + parts	Replace handlebars and/or stem	£15 + parts
Wheel build or re-rim	£30 + parts	Replace or fit handlebar tape	£7 + parts
Hydraulic brake bleed (each)	£15 + parts	Replace or fit F or R mech, shifter, brake, etc. (each)	£5 + parts